

SERVICE OF MORNING PRAYER – Sunday 19th July 2026

Welcome

O Lord, open our lips

(All) and our mouth shall proclaim your praise.

The Lord is full of compassion and mercy:

(All) slow to anger and of great goodness.

PRAYER OF THANKSGIVING

Blessed are you, creator of all,

to you be praise and glory for ever.

As your dawn renews the face of the earth

bringing light and life to all creation,

may we rejoice in this day you have made;

as we wake refreshed from the depths of sleep,

open our eyes to behold your presence

and strengthen our hands to do your will,

that the world may rejoice and give you praise.

Blessed be God, Father, Son and Holy Spirit.

(All) Blessed be God for ever.

OPENING HYMN: #564 Praise to the Lord, the Almighty

INVITATION TO CONFESSION

Creator God,

in you we live and move and have our being.

You have been with us through times of joy and times of trial.

You give strength to the weary, rest to the burdened, and peace to those who trust in you.

As we worship you today, fill us with your Holy Spirit. Open our hearts and minds to your word, that we

may see as you see, love as you love, and walk in your ways, through Jesus Christ our Lord.

As we remember your faithfulness and goodness towards us, we also recognise our own sin and failure.

Therefore, let us confess our sins quietly to Almighty God. Let's take a moment of quiet.

PRAYER OF CONFESSION

(All) Ever-present God,

you know our hearts and see our every thought.

We confess the times we have spoken without care, acted in haste, and wounded others by our words and actions.

We confess our pride and stubbornness, and the times we have failed to show mercy or to forgive as you have forgiven us.

In your great kindness, forgive what we have been, renew what we are, and direct what we shall be, through Jesus Christ our Lord. Amen.

ASSURANCE OF PARDON

Remember that God is slow to be angry and quick to forgive; kind and gracious to all. Know that your sins are forgiven through the grace of Jesus Christ, and forgive those who have sinned against you, as Christ teaches us.

OPENING PRAYER

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever.

(All) Amen.

PSALM 13 (NIVUK)

¹ **(All) How long, Lord? Will you forget me for ever?**

How long will you hide your face from me?

² **How long must I wrestle with my thoughts
and day after day have sorrow in my heart?**

How long will my enemy triumph over me?

³ **Look on me and answer, Lord my God.**

Give light to my eyes, or I will sleep in death,

⁴ **and my enemy will say, 'I have overcome him,'
and my foes will rejoice when I fall.**

⁵ **But I trust in your unfailing love;
my heart rejoices in your salvation.**

⁶ **I will sing the Lord's praise,
for he has been good to me.**

**(All) Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

MARK 4:35-41 (NIVUK) *Please stand if you are able*

Hear the Gospel of our Lord Jesus Christ according to St Mark

(All) Glory to you, O Lord.

Jesus calms the storm

³⁵ That day when evening came, he said to his disciples, 'Let us go over to the other side.'³⁶ Leaving the crowd behind, they took him along, just as he was, in the boat. There were also other boats with him.³⁷ A furious squall came up, and the waves broke over the boat, so that it was nearly swamped.³⁸ Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, 'Teacher, don't you care if we drown?'³⁹ He got up, rebuked the wind and said to the waves, 'Quiet! Be still!' Then the wind died down and it was completely calm.⁴⁰ He said to his disciples, 'Why are you so afraid? Do you still have no faith?'⁴¹ They were terrified and asked each other, 'Who is this? Even the wind and the waves obey him!'

This is the Gospel of the Lord

(All) Praise to you, O Christ.

GOSPEL CANTICLE

The Song of Zechariah (Benedictus)

**(All) Blessed be the Lord the God of Israel,
who has come to his people and set them free.**

¹Blessed be the Lord the God of Israel,
who has come to his people and set them free.

²He has raised up for us a mighty Saviour,
born of the house of his servant David.

³Through his holy prophets God promised of old
to save us from our enemies,
from the hands of all that hate us,

⁴To show mercy to our ancestors,
and to remember his holy covenant.

⁵This was the oath God swore to our father Abraham:
to set us free from the hands of our enemies,

⁶Free to worship him without fear,
holy and righteous in his sight all the days of our life.

⁷And you, child, shall be called the prophet of the Most High,
for you will go before the Lord to prepare his way,

⁸To give his people knowledge of salvation
by the forgiveness of all their sins.

⁹In the tender compassion of our God
the dawn from on high shall break upon us,

¹⁰To shine on those who dwell in darkness and the shadow of death,
and to guide our feet into the way of peace. (Luke 1.68–79)

**(All) Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

**(All) Blessed be the Lord the God of Israel,
who has come to his people and set them free.**

HYMN: Be still my soul (In you I rest)

THE HOMILY – Paul Devos

THE APOSTLES' CREED

**(All) I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.
Amen.**

PRAYERS OF INTERCESSION

Response at the end of each prayer

(Ldr) Lord, in your mercy,
(All) hear our prayer.

THE COLLECT FOR THE SEVENTH SUNDAY AFTER TRINITY

Generous God,
you give us gifts and make them grow:
though our faith is small as mustard seed,
make it grow to your glory
and the flourishing of your kingdom;
through Jesus Christ our Lord.
(All) Amen.

THE LORD'S PRAYER

As our Saviour taught us, so we pray

**(All) Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.**

DISMISSAL

As you go into the week ahead, remember that the Lord is with you, even in life's storms. When fear threatens, trust in the One who says, "*Peace! Be still.*" When you wonder, like the psalmist, "*How long, O Lord?*" hold fast to his unfailing love, for he is faithful. And may God be with us, Christ walk beside us, and the Holy Spirit strengthen and guide us, this day and always. Amen.

NOTICES

CLOSING HYMN: #201 Guide me, O Thou great Jehovah

THE COLLECTION OF OUR OFFERING

All that we have
and all that we are
originate in God's generosity.
All things come from you, O Lord,
(All) and of your own do we give you. Amen.

Let us go in peace to love and serve the Lord.
(All) In the name of Christ. Amen.